

Help us Send Care Packages to our Troops in Iraq, Afghanistan, the Gulf, and conflict regions!

Our Mission

The Operation: Care and Comfort Military Care Package Program exists to provide support and comfort to “adopted” units of deployed U.S. military service members, serving in Iraq, Afghanistan, and conflict regions, by sending care packages containing needed items. Working with our community, we ship to these units on a monthly basis, until they return home.

What We Have Accomplished

Since April 2003, our **all-volunteer program** has shipped over 150,000 pounds of care packages and care and comfort items for distribution to Marine, Army, Air Force, Navy, and Coast Guard personnel deployed in conflict regions.

How You Can Participate

Any person or organization who would like to help send “a touch of home” to our service members can participate by donating needed items (see list). The program also accepts cash donations to cover the cost of shipping packages overseas. **Please make checks payable to: ARC Operation: Care and Comfort** and your tax deductible contribution will be used specifically for this program. Credit card donations are also accepted online, at www.operationcareandcomfort.org. All donations are tax deductible. **At \$1 a pound, donations to cover shipping costs is our greatest need.**

For other easy ways to help, please visit our web site, at www.operationcareandcomfort.org, or contact Julie DeMaria at (408) 373-8635 or troopsupport@comcast.net, or Cookie Crissman at (408) 590-0731 or cookie@piperitesystems.com.

Thank you for remembering those who serve!

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Food and Snack Items

Individually wrapped hard candy (Twizzlers, Tootsie Rolls, Tootsie Pops, Skittles, lollipops, Life Savers, Sweet Tarts, etc), chewing and bubble gum, mints, breath strips (no chocolate or home made items)

Small packages (lunch box sized) of nuts, seeds, pretzels, cookies, chips (Pringle type containers best), Cracker Jacks, crackers, Corn Nuts, fruit snacks and fruit leather, Gardettos

Trail Mix, energy bars, protein bars, breakfast and granola bars, nut bars, instant oatmeal, Kraft Easy Mac, ramen, Cup a Noodles

Powdered, sweetened drink mixes (Gatorade, Crystal Light, Kool-Aid), ground or instant coffee, tea bags, hot chocolate, cider mix, sugar, sweetener, Coffee Mate, and condiment packets

Canned meats (NO PORK!), stews, chili, ravioli, soups, fruit, beef jerky, non-refrigerated microwavable meals

Personal, Hygiene and Toiletries

Hotel/travel sized gel deodorant, shampoo, lotion, toothpaste and mouthwash, toothbrushes, dental floss and Brush Ups

Disposable Razors, Eye drops, Nose Drops, Unscented Baby Wipes, Wet wipes, Small Hand Sanitizer, Mach III Turbo Razor Blades

Small Kleenex Packets, Q-Tips (Large packages are fine), Anti-Fungal Creams, Band Aids, Foot Powder, Sunscreen

DVDs, AAA and AA batteries, pens, pencils, blank greeting cards and stationary, stickers, disposable cameras, international phone cards

Gallon, Quart, Sandwich, and Snack Sized Ziploc Bags (to make care packages)

Hand written cards and letters of encouragement for our troops

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